

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
SEAL	New Beginnings: 	Getting on and falling out 	Going for Goals: 	Good to be me: 	Relationship: 	Changes: 
3	All about me 	Seeing things from another point of view. 	Aims and targets 	Jobs and Money 	Emotions and Making choices 	Keeping safe and Healthy lifestyle 
4	Feeling towards school. 	Working together 	Perseverance 	Responsibility 	Democracy 	Relationships 
5	Exploring feelings 	Managing emotions 	Effective learners 	Developing a healthy lifestyle 	Relationships 	Change and Safety  skills
6	All about me – emotions 	Conflict and resolution 	Making wise choices 	Drugs and peer pressure 	Special people and loss 	RE and understanding emotions. 

