

Luton primary school meals Halal menu



Menu from 29th October 2018 – 4th April 2019

Week 1

Week Commencing 29th October, 19th November, 10th December, 21st January 2019, 11th February, 11th March, 1st April

	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Chicken Sausage	Spaghetti Bolognese	Roast Beef with Yorkshires	Chicken Korma	3 Cheese Pizza
Main 2	Jacket Potato with Tuna Crunch	Jacket Potato with Chilli Beans	Spicy Bean Burrito	Jacket Potato with Egg Mayo	Cod Fish Fingers
Vegetarian Choice	Vegetarian Sausage	Vegetarian Spaghetti Bolognese	Quorn Fillet	Quorn Korma	
Accompaniment	Mash with Onion Gravy		Roast Potatoes & Gravy	Rice & Naan	Chips & Tomato Ketchup
Vegetable Selection	Carrot Batons Curly Kale	Roast Courgette Sweetcorn	Butternut Squash Savoy Cabbage	Sweetcorn Green Beans	Baked Beans Garden Peas
Dessert	Creamy Rice Pudding	Apple Streusel Cake with Custard	Pear & Banana Muffin	Pineapple Upside Down Cake with Custard	Fruit Smoothie

Week 2

Week Commencing 5th November, 26th November, 17th December, 28th January 2019, 25th February, 18th March

	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Chicken Burger	Traditional Chicken Pie	Roast Chicken with Stuffing	Traditional Beef Lasagne	3 Cheese Pizza
Main 2	BBQ Chilli Beans	Tuna & Sweetcorn Wrap	Cheese & Tomato Bean Pie	Classic Macaroni Cheese	Cheese & Fish Bites
Vegetarian Choice	Falafel Wrap	Spicy Lentil Pasta	Spicy Bean Burrito	Quorn Burger	
Accompaniment	Potato Wedges Rice	Potatoes	Roast Potatoes & Gravy	Potato Wedges	Chips & Tomato Ketchup
Vegetable Selection	Carrot Batons Garden Peas	Roast Courgettes Sweetcorn	Cauliflower Broccoli	Carrot Batons Creamed Leeks	Baked Beans Mini Corn on the Cob
Dessert	Melting Moment Biscuit	Chocolate & Mandarin Sponge with Custard	Raspberry & Lemon Muffin	Cornflake Tart with Custard	Fruit Smoothie

Week 3

Week Commencing 12th November, 3rd December, 7th January 2019, 14th January, 4th February, 4th March, 25th March

	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Meat Balls with Pasta	Chilli Con Carne	Roast Chicken with Stuffing	Beef Goulash	3 Cheese Pizza
Main 2	Tuna Melt	Chicken Tikka Wrap	Cheese & Tomato Flan	Jacket Potato with Cheese & Sweetcorn	Traditional Battered Fish
Vegetarian Choice	Veggie Balls & Pasta	BBQ Chilli Beans	Spicy Bean Burrito	Veggie Shepherd's Pie	
Accompaniment	Tomato Sauce	Rice	Roast Potatoes & Gravy	Rice & Sour Cream	Chips & Tomato Ketchup
Vegetable Selection	Carrot Batons Roasted Veg	Cauliflower Garden Peas	Butternut Squash Broccoli	Roast Courgettes Sweetcorn	Baked Beans Garden Peas
Dessert	Wow Butter Cookies	Bakewell Tart with Custard	Chocolate & Banana Muffin	Chocolate & Mandarin Sponge	Fruit Smoothie

Halal meat will be substitute where appropriate

Bread, Yoghurt and Fresh Fruit are available daily

All items are subject to availability.