

Games Overview

	Year 3	Year 4	Year 5	Year 6
	<p>Handball</p> <p>1. To begin to throw and catch while on the move.</p>	<p>Handball</p> <p>1. To throw and catch while under pressure.</p>	<p>Handball</p> <p>1.To begin to throw and catch while on the move.</p>	<p>Handball</p> <p>1.To keep possession while under pressure.</p>
	<p>2. To move towards goal or away from a defender.</p>	<p>2. To develop the shooting technique while under pressure.</p>	<p>2. To develop a variety of passes and know when to use each to help to maintain possession.</p>	<p>2.To be able to beat a defender.</p>
	<p>3. To move towards goal to create shooting opportunities.</p>	<p>3.To develop combination play to create scoring opportunities.</p>	<p>3. To use stepping, dribbling and passing skills to create space, move towards goal and away from defenders.</p>	<p>3.To be able to shoot with accuracy while under pressure.</p>
	<p>4. To use defending skills to delay an opponent and gain possession.</p>	<p>4. To develop defending to prevent the opposition scoring.</p>	<p>4. To use defending skills to prevent an opponent from scoring.</p>	<p>4.To develop defending technique.</p>
	<p>5 To use a change of direction and speed to lose a defender and move into space.</p>	<p>5. To use the skills learnt in a game situation.</p>	<p>5. To apply rules, skills and principles to play in a tournament.</p>	<p>5. To use attacking and defending strategies within a game.</p>
	<p>Netball</p> <p>1.. To improve catching skills and ball familiarisation</p>	<p>Netball</p> <p>1.To use the shoulder and chest pass effectively.</p>	<p>Netball</p> <p>1. To develop passing and moving to maintain possession.</p>	<p>Netball</p> <p>1 To keep possession of the ball while under pressure.</p>
	<p>2. To develop the chest pass</p>	<p>2. To develop the bounce pass while under pressure.</p>	<p>2. To use a variety of attacking skills to lose a defender, including the use of correct footwork.</p>	<p>2 To develop the shooting technique while under pressure.</p>
	<p>3. To develop the bounce pass</p>	<p>3. To develop footwork techniques.</p>	<p>3. To use defending skills to gain possession</p>	<p>3.To develop the 'running' pass.</p>
	<p>4.. To introduce footwork including pivoting</p>	<p>4. To understand how to attack and find space when playing in the game</p>	<p>4.. To develop accuracy in the shooting action under pressure</p>	<p>4.To be able to defend effectively as an individual and as a team.</p>
	<p>5. To apply the basic rules of netball to small sided games, to use basic footwork patterns within small sided games.</p>	<p>5.To apply the basic rules of netball to small sided games.</p>	<p>5. To use and apply skills, principles and tactics to a game situation.</p>	<p>5.To apply attacking and defending strategies to game situations.</p>
	<p>Football</p> <p>1. To develop dribbling technique.</p>	<p>Football</p> <p>1 To develop the techniques of how to pass and receive.</p>	<p>Football</p> <p>1. To be able to run with the ball with increased accuracy</p>	<p>Football</p> <p>1.To be able to pass and receive while under pressure.</p>

Spring	2 To be able to keep possession of the ball.	2. To develop shooting technique.	2.To dribble effectively in confined areas with opposition.	2.To effectively dribble within small sided games.
	3 To enhance dribbling skills within games.	3.To develop turning.	3. To develop shooting technique while under pressure. .	3.To apply shooting techniques to small sided games.
	4. To be able to shoot with accuracy.	4.To develop running with the ball.	4. To improve turning and passing and receiving.	4.To produce effective turns when under pressure, to increase the effectiveness of combination play opposed situations.
	5 To use the skills in a game	5 To select and apply appropriate passes and shots within small sided games.	5.To use effective combination plays within small sided games	5.To apply the skills to game situations.
	Hockey 1.To dribble with greater confidence	Hockey 1.To dribble at speed	Hockey 1. To develop dribbling skills in small spaces while under pressure.	Hockey 1.To be able to turn quickly while under pressure.
	2.To develop the ability to keep the ball close to the stick.	2. To turn quickly and effectively	2. To develop passing and receiving while under pressure.	2.To perform the slap hit
	3. To develop passing and receiving the ball	3. To improve accuracy when passing the ball	3 To develop shooting technique while under pressure.	3.To produce an effective Jab tackle
	4.To perform a push pass.	4. To shoot with accuracy	4.To work as team to produce successful attacking play	4.To keep possession of the ball in unopposed situations
	5.To pass with increased accuracy To be able to dribble and pass within small sided games	5.To shoot with accuracy while under pressure. To be able to turn and shoot within small sided games	5 To successfully keep possession of the ball in small sided games	5.. To keep possession of the ball in opposed situations
	Basketball	Basketball	Basketball	Basketball
1.To increase confidence when handling the basketball.	1. To dribble with both the left and right hand effectively.	1. To dribble with control under pressure	1. To dribble with control under pressure and decide when to pass and when to dribble.	
2.To control the ball when dribbling using shoulder and wrist movements.	2. To explore a variety of passing and dribbling skills	2.To dribble and change direction quickly within opposed situations.	2.To explore a variety of passing skills while under pressure.	
3.To use the bounce pass, shoulder pass and chest pass with an increased accuracy.	3.To 'steal' the ball from opposing players.	3.To play a variety of passes in opposed situations.	3.To select and apply the appropriate passes in order to keep possession of the basketball.	
4.To shield the ball from opposing players.	4.To develop defending techniques	4.To use effective attacking techniques in small sided games.	4. To perform a lay-up.	
5. To use basic attacking principles in smallsided games	5.. To use effective shooting techniqueswithin small sided games	5.To use a range of strategies to keep possession of the ball in small sided games	5. To use attacking and defending principles in small sided games.	

Summer 1	Athletics	Athletics	Athletics	Athletics
	1.To develop the sprinting technique	1.. To develop power and speed in the sprinting technique.	1. To be able to apply different speeds over varying distances	1 To identify a suitable pace for the event.
	2.To develop the sprinting technique	2. To develop power and speed in the sprinting technique.	2. To develop fluency and co-ordination when running for speed.	2 To develop my own and others sprinting technique.
	3.To develop throwing for distance and accuracy_2	3.. To develop stamina and an understanding of speed and pace in relation to distance.	3. To sprint with control and accuracy	3. To be able to successfully perform a relay, including an efficient changeover.
	4.To develop throwing for distance and accuracy_2	4.To be able to sustain a continuous pace.	4. To sprint over a variety of distances.	4. To develop power, control and technique when throwing for distance.
	5.To develop jumping technique in a range of approaches and take off positions.	5. To develop a pull throw for distance and accuracy_2	5. To develop throwing with force for longer distances.	5. To develop power, control and technique for the triple jump.
	6.To develop jumping technique in a range of approaches and take off positions.	6. To develop power and technique when throwing for distance.	6. To develop throwing with greater control and technique.	6. To be able to sustain a continuous pace.
7.To be able to sustain pace.	7. To develop technique when jumping for distance.	7. To develop control and technique in the standing long jump.	7. To be able to officiate. To be able to use the skills learnt to compete in an athletics competition.	
Summer 2	Athletics	Athletics	Athletics	Rounders
	8.To be able to sustain pace.	8. To jump for distance with accuracy and control in a variety of jumps.	8. To develop technique and co-ordination in the triple jump.	1. To improve batting technique in isolation and in a small sided game
	9.To develop changeover in relay events.	9. To hurdle with control and accuracy.	9. To develop a smooth, uninterrupted running action over low obstacle	2. To develop the bowling technique.
	10.To develop changeover in relay events.	10. To develop officiating and performing skills.	10. To be able to sustain pace over middle distances.	1. To develop throwing and fielding techniques.
	11.To hurdle with increased accuracy.	11. To experiment with different changeovers.	11. To be able to sustain pace over long distances.	4. To play throw and kick rounders effectively.
	12.To hurdle with increased accuracy.	12. To develop efficient changeovers in the relay.	12. To develop an effective changeover in the sprint relay.	5. To play conditioned games.
13.To use jumping, throwing and running skills within a circuit.	13. To use the skills learnt in a competition.	13. To use jumping, throwing and running skills within an athletics competition.	6. To be able to officiate a game of rounders.	