

Healthy bodies, healthy minds

Effects of legal drugs



Alcohol

Cigarettes

Caffeine

Healthy bodies, healthy minds

Effects of legal drugs



Liver damage

Yellow fingers

Falling over

Feeling low

Being sick

Lung disease

Bad breath

Difficulty sleeping

Nervousness/anxiety

Smelling of smoke

Tiredness

Passing out

Slurred speech

Rapid heartrate

Stained teeth

Dull skin

Putting on weight

Cough