

Value of the Month 'Forgiveness'



William Austin Wizards

South America	Amman	Aaima
Asia	Abdullah	Hajrah
Europe	Imaan	Hamza
Africa	Ayesha	Ayaan
North America	Fajar	Yasin
Hokusai	Adyan	Tayibah
Baker	Labaik	Malik
Hadid	Rohaam	Sawera
Hepworth	Ayesha	Danyal
Van Gogh	Ali	Sarmad
Mars	Fiza	Hamza
Venus	Eshaal	Haider
Neptune	Safia	Sakariye
Jupiter	Ilma	Zayn
Saturn	Safa	Zain
Goodall	Raheem	Zainab
Curie	Haider	Amna
Hawking	Ariebah	Ismael
Jemison	Khadija	Zidan
Linnaeus	Halima	Yusuf

Dear families

This is the first Newsletter of 2022 so may I wish you and your families a very Happy New Year.

It was lovely to welcome everyone back after the holidays. Well done to those pupils who won a prize for the Myon reading competition - I know many more pupils read during the holidays which is great!

Next week, Y3 are looking forward to their trip to St Albans to visit Verulamium as part of their Romans history topic. They also have an Indian drumming workshop which will be really exciting.

Some of our pupils in Y5/6 are going to be taking part in a basketball tournament at Sixth Form next week with Mr Osborne. This will be a great opportunity and we look forward to hearing about it.

Attached to this newsletter is some information from our catering company. I am looking forward to see which pupil will win the Lucky Plate competition on Tuesday 18th January.

Please could you make sure your child has their water bottle with them every day and also remind your child to wear their coat and hat as the weather is cold.

We said goodbye to Mrs Chowdhury at the end of last week as she starts her maternity leave. We hope she is able to rest before her baby is due in January.

Take care,

Mrs Adams



Attendance

The class with the highest attendance is:

Goodall - 96.4%

Upcoming Events

- 19th January - St Albans visit- South America and North America
- 20th January - St Albans visit- Asia, Africa and Europe
- 21st January - Indian Drumming- Year 3

Cool Website

Looking for some fun activities? Then visit [ABCya!](https://www.abcya.com/) This amazing website offers a wealth of activities across a range of subjects, including music, maths, science and art. The website even offers games that improve your typing speed. There are over 300 fun games to explore, so you are sure to find something you'll enjoy.

Vacancy

Luton Borough Council are currently advertising for a school crossing patrol. The closing date for this vacancy is 25th January 2022. Click the link for more information.

<https://jobs.luton.gov.uk/jobs/school-crossing-patrol-lbc02417-5>

St Ethelbert Avenue / William Austin School
Times 08.15 - 09.05 15.05 - 15.50

Author of the Month - Michael Morpurgo



- Michael was born a really long time ago. 5th October 1943. In St Albans in Hertfordshire.
- He discovered his talent for writing while working as a teacher
- He spends about half his life mucking out sheds with the children, feeding sheep or milking cows; the other half he spends dreaming up and writing stories

FAMILY CENTRE NEWS

Dear Families,

We would like to wish all our families Happy New Year! We hope all our families are safe and well during such testing times. As this term starts we would like to remind you as COVID cases are rising, if you are attending any of our courses in the Family Centre then please take a lateral flow test before you attend the class and if positive then please stay at home and if negative then you are more than welcome to attend. Also please wear a mask when attending classes.

Make Up Course: Make Up course is starting on Thursday 20th January at 1:30pm for 10 weeks. The cost is £40.00. For more information please call the Family Centre.

Cinderella Pantomime: Unfortunately due to COVID, the Cinderella pantomime has been postponed till Sunday 27th March at 4:00pm. If you are interested please look out for more information nearer the time.

Attendance: We would like to remind you that children are expected to have an attendance of 95%. The government has set a target of **95% attendance** for all pupils. This rate allows for periods of illness or particular circumstances when absence from school is unavoidable.

Due to COVID, school attendance has been affected which we totally understand but we ask for your support with achieving this percentage and where possible avoid taking **unauthorised** holiday during term time. 85% or below is classed as a persistent absence pupil. 90% attendance means that your child is absent from lessons for the equivalent of a half day every week and over 5 years the equivalent of one half of the school year.

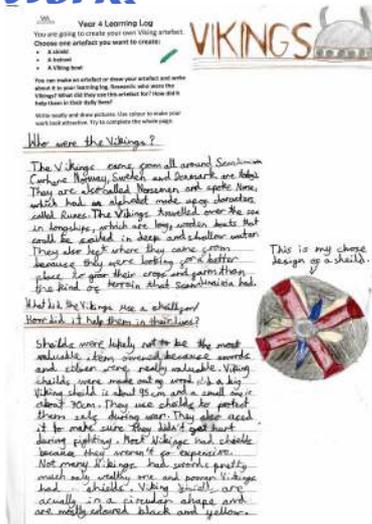
STAY SAFE, WASH HANDS and KEEP YOUR DISTANCE

Should you or your family need advice, guidance or support please pop in to see us, call 01582 509121 or email Familyworker@williamaustin.juniorluton.co.uk

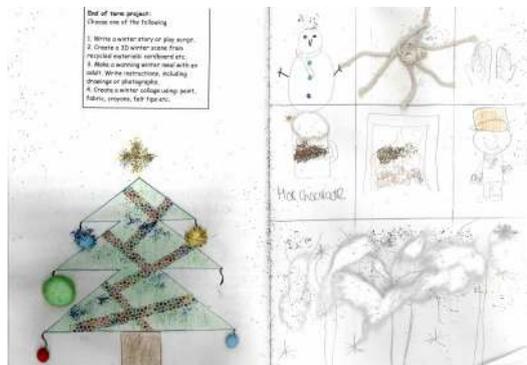




Imaani (Jemison)



Aiazah (Hepworth)



Siam (Asia)



Haris (Neptune)

PSHE/RHE/SMSCD - Miss Shah

This half term, we began by considering our physical and mental wellbeing on Citizenship Day. We focussed on understanding what racism and bullying are, as well as thinking of ways to maintain our physical and mental wellbeing. With Covid19 continuing to be a problem, and with the stresses of daily life, it is important that we all focus on our physical wellbeing to keep healthy, with our immunity at its best and our mental health maintained too. In school, children participate in various different activities and practises where their health is the focus. These include: daily exercising at the end of playtime, having healthy lunch choices, carrying out short activities to manage situations that might negatively impact their mental wellbeing, choosing to eat fruit and vegetables as a mid-morning snack, being involved in P.E and games lessons as well as morning and after school clubs. Here are links to various different activities that can be executed at home and outdoors to ensure you are maintaining your mental and physical health when at home:

1. Healthy eating <https://www.superhealthykids.com/recipes/top-10-immune-system-boosting-foods-kids-ideas-recipes/>
2. Walking locally <https://www.chilternsaonb.org/ccbmaps/336/137/warden-hill-walk.html>
3. Luton cycle map and guide https://www.luton.gov.uk/Transport_and_streets/Lists/LutonDocuments/PDF/Engineering%20and%20Transportation/Cycling/CycleMap.pdf
4. Just Dance for kids <https://www.youtube.com/watch?v=kOvpgqtZ2t0>
5. Sonic the Hedgehog yoga adventure <https://www.youtube.com/watch?v=QM8NjfcfOg0>
6. Popular animations/film themed exercises and games <https://www.nhs.uk/healthier-families/activities/10-minute-shake-up/>

Value of the Month - Forgiveness

Forgiveness means you choose not to pay someone back when they hurt you. You're refocusing your thoughts on positive emotions; perhaps even feelings of understanding, empathy, and compassion toward the person or people that hurt you. Forgiving others can help you to feel less angry and allows more space in your mind to focus on other things.

When someone is unkind in the way that they behave towards you, it is important to resolve the situation by speaking with an adult who can help to support and guide you through the process.

In order to practise this value, you can follow this short, guided meditation:

https://www.youtube.com/watch?v=1PTqEwUPhVA&ab_channel=TheMonsterCrew

You could also write a letter stating what caused you to feel upset, noting down how it made you feel. After, forgive the person who made you feel that way by writing it out in your letter so that your feelings are out of your mind. At the end, rip up the piece of paper and put the torn pieces into the bin, which allows you to release the feeling of forgiving.

"It's one of the greatest gifts you can give yourself, to forgive. Forgive everybody." -Maya Angelou

Year 3

Year 3 have made a fantastic start to a new school term. The teachers were amazed at all the fantastic Winter homework projects and had a tough job choosing just two to share in assembly. In Maths, we are looking at multiplying bigger numbers. Please keep practising your times tables at home as this will make the work in lessons easier. For English, we are writing diaries based around the book Matilda by Roald Dahl. The Romans is our new History topic and we are all looking forward to our trip to Verulamium next week. *Miss Thingsaker & the Year 3 team*

Year 4

Year 4 have enjoyed a calm and focused start to the spring term. Times Tables are on the front of our mind, and we have been practicing them daily, including competing in many Times Table Rockstar's battles against other classes. Swimming lessons have also begun again, with 2 and a half classes enjoying learning this new skill. To kickstart English, we are learning how to write factual and exciting non-chronological reports, where we will build up to writing all about our fantastic school. In art this half term, children will be creating their own pop art in the style of Andy Warhol and will use a wide range of materials to do so. Year 4 teachers are pleased with children's home reading and the progress it is helping them to make. Thank you for your continued support. *Mr Patel and the Year 4 team*

Year 5

Year 5 have come back enthusiastic and rearing to go! We started off with multiplication and division in maths and the children have been learning formal written methods. Please do continue to support them in learning their times tables; they need lots of help recalling. In English we've been learning survival skills through instructions, such how to escape a crocodile and how to get across piranha infested waters. Ask the children about imperative verbs too! We have lots of TTRS battles coming up so please continue to encourage the children to participate. We thank you for all your support! *Mrs Hussain and the Year 5 Team*

Year 6

Year 6 have enjoyed a settled and productive start to the spring term. To kickstart our science learning about inheritance and adaptation, children partook in a special quiz game in assembly where they answered questions about the animal kingdom. We will be using our science learning to craft explanation texts in English. In art this half term, children will be designing and sewing embroideries inspired by the work of Van Gogh and Japanese artist, Yinka Shonibare. Year 6 teachers are pleased with children's home reading and the progress it is helping them to make. Thank you for your continued support. *Mr Gilligan and the Year 6 team*



Grow
FUEL FOR YOUNG MINDS

WILLIAM AUSTIN JUNIOR SCHOOL

WHAT'S GROWING IN YOUR CATERING DEPARTMENT?

Update from your Cook Supervisor

Thank you to all who joined in with Christmas Dinners. We hope you had a fantastic Christmas and New Year!

We are delighted to announce that we will be rolling out our new Spring/Summer Menu after February half term! We have adapted dishes from your feedback. We have also planned two great themed day events.

Make sure you take advantage of **FREE** Hot Meals for all in Key Stage 1, and those eligible for Free School Meals in Key Stage 2. Our aim is to ensure all children receive a hot, balanced and nutritious meal every day. This helps with their learning and development as well as being more alert throughout the school day. It is critical that good eating habits are established from an early age and having a meal at school will help to establish these patterns, whilst enjoying time with their friends.



Free For Reception & KS1

All children in Reception and Key Stage 1 can enjoy a freshly cooked lunch with their friends for no cost to you. It's a perfect opportunity for children to try new tastes or just stick with firm favourites.

KS2 Free School Meals

It is important that Parents/Guardians of KS2 children understand if they are eligible to receive a free school meal for their children.

KS2 Paying

For children in Y3-6, the price of a meal is £2.30 which includes a main meal and dessert. The KS2 children can choose from the hot meals or the new cold deli section.



LOOK OUT FOR

Look out for our special days coming over the next 3 months. Come and see what's on offer with our tasty meals to celebrate...and don't forget to ask your parents to book you a meal so you don't miss out on the fun!

WHAT'S COMING UP...

Lucky Plate Competition
Tuesday 18th January 2022

American Theme Day
Thursday 20th January 2022

Chinese New Year
Tuesday 1st February 2022



Don't forget to book your lunch on Tuesday 18th January, to be in with a chance of winning in our lucky plate competition!

Look out for more exciting themed menus and competitions!



The catering team would love to hear your feedback so please tell us what you think as we love to grow too...