



Week One Menu

Served weeks commencing: 5/06, 26/06, 17/07,
4/9, 25/9 & 16/10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Spanish Chicken Served with Rice	Beef Mince Pasta Bolognaise	Spiced Roast Chicken Served with Roast Potatoes	Chicken Sausage Served with Mash and Gravy	Fish Fingers Served with Chips & Tomato Ketchup
VEGETARIAN	Vegetable Curry Served with Rice	Macaroni Cheese Served with Warm Baguette	Roast Quorn Fillet Served with Roast Potatoes	Quorn Vegan Sausage Served with Mash and Gravy	Cheese & Tomato Pizza Served with Chips & Tomato Ketchup
VEGETABLES	Carrots & Peas	Broccoli & Sweetcorn	Green Beans & Carrots	Sweetcorn & Cauliflower	Baked Beans & Peas
DESSERTS	Oat Cinnamon Cookie Served with Fresh Orange Slices	Iced Sponge with Custard	Vanilla Ice- Cream with Fresh Fruit	Shortbread with Apple Slices	Fruity Friday



Choice of Freshly Baked Wholemeal Bread, Seasonal
Salad Bar, Water, Seasonal Fresh Fruit, Fruit Yoghurt
and Fruit Jelly.





Week Two Menu

Served weeks commencing: 12/06, 3/07,
11/9 & 2/10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	BBQ Chicken Served with Rice	Beef Burger Served with Potato Wedges	Spiced Roast Chicken Served with Roast Potatoes & Gravy	Beef Lasagne Served with Warm Baguette	Battered Cod Fillet Served with Chips & Tomato Ketchup
VEGETARIAN	BBQ Vegetable & Mixed Bean Wrap Served with Rice	Veggie Burger Served with Potato Wedges	Roast Quorn Fillet Served with Roast Potatoes & Gravy	Vegetable Cottage Pie	Cheese and Tomato Pizza Served with Chips
VEGETABLES	Carrots & Peas	Broccoli & Sweetcorn	Green Beans & Carrots	Cauliflower & Sweetcorn	Baked Beans & Peas
DESSERTS	Flapjack with Orange Slices	Jam Sponge with Custard	Shortbread with Apple Slices	Apple Crumble with Custard	Fruity Friday





Week Three Menu

Served weeks commencing: 19/06, 10/07,
18/9 & 9/10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken Curry Served with Rice	Cottage Pie	Spiced Roast Chicken with Roast Potatoes & Gravy	Chicken Sausage and Tomato Pasta Served with Warm Baguette	Fish Fingers Served with Chips & Tomato Ketchup
VEGETARIAN	Cheese and Baked Bean Puff Served with Diced Potatoes	Vegetable Lasagne Served with Warm Baguette	Roast Quorn Fillet Served with Roast Potatoes & Gravy	Roast Vegetable Frittata Served with Warm Baguette	Cheese and Tomato Pizza Served with Chips & Tomato Ketchup
VEGETABLES	Broccoli & Carrots	Cabbage & Sweetcorn	Green Beans & Carrots	Broccoli & Sweetcorn	Baked Beans & Peas
DESSERTS	Chocolate Sponge with Custard	Oaty Cinnamon Cookie	Banana Muffin	Chocolate and Orange Shortbread with Apple Slices	Fruity Friday

