

















Vegetarian Main Course

	Ref	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereals Containing Glutens	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio	Pecan Nuts	Macadamia	Cashews	Brazil Nuts	Almonds	Tree Nuts	Hazelnuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites	
FFL Original BBQ Vegetable and Mixed Bean Wrap 		✓	✓		✓																								
FFL Original Vegetable Burger (No Bun) 			✓		✓																								
FFL Original Gravy 																													
FFL Original Roast Vegan Quorn Fillet 			✓		✓																								
FFL Original Vegetarian Mince Cottage Pie 																						✓							
FFL Original Cheese and Tomato Pizza 			✓		✓																			✓					

Dessert

	Ref	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereals Containing Glutens	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio	Pecan Nuts	Macadamia	Cashews	Brazil Nuts	Almonds	Tree Nuts	Hazelnuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites	
FFL Original Flapjack 		?	?		>	>																							
FFL Original Fresh Orange Slices 																													
FFL Original Jam Sponge 			>		>													>											>
FFL Original Custard 			?		?													?				?		>					
FFL Original Fresh Apple Slices 																													
FFL Original Shortbread 			>		>																								
FFL Original Apple Crumble 			>		>																								
FFL Original Fruity Friday 																													
FFL Original Orange Jelly 																													
FFL Original Strawberry Yoghurt 																								>					