



Value of the Month 'Forgiveness'



William Austin Wizards

South America	Sahil	Olivia
Asia	Abiha	Michael
Europe	Amaana	Ameer
Africa	Keyaan	Maryam
North America	Eshad	Agamjot
Hokusai	M. Mustafa	Sarrinah
Baker	Manha	Diana
Hadid	Azaan	Hadeeqa
Hepworth	Aleem	Noor
Van Gogh	Taqiyah	Jomiloju
Mars	Ayesha	Ahsan
Venus	Iza	Ayaan
Neptune	Zoya	Ishaq
Jupiter	Mahnoor	Dawud
Saturn	Hasnain	Fajar
Goodall	Yusuf	Ayaan
Curie	Ayaan	Inaaya
Hawking	Salah	Zahra
Jemison	Yusuf	Koyal

Dear families

Parents' Evening

Thank you to everyone who attended our parents' evening on Tuesday. It was lovely to see so many of you and I know that the class teachers were so pleased to share with you your child's progress since the autumn term meeting. The children have been working really hard in class and we see this when we carry out learning walks and look at their books. Well done children on some really great work this half term!

Thank you for completing our parents' survey - it really helps us to reflect upon our school and make the changes we need to ensure we are the best we can be. I will be able to share with you the results after half term, in the next edition of the newsletter.

ZigZag lines outside school

I have been outside at the St Ethelbert's gate before and after school trying to keep the yellow zigzag lines clear so our children can cross safely. Please do not park on these lines as doing so puts our children at risk.

Enrichment

This week our Y4 classes visited Hazard Alley in Milton Keynes, where they were able to engage with different scenarios to discover everyday dangers and how to keep themselves safe. The scenarios range from road safety, fire safety, online safety, home safety and many more. I know that they will learn much from the different activities and this will really help them make the right choices.

After half term Y4 will be taking part in a Samba workshop as part of their music topic, which I know will be exciting.

Today is the last day of the half term. I hope you all have an enjoyable week off school and come back to us safely on Monday 26th February, where we hope to see parents between 9:00 and 9:15 if you would like to view the children's work in our Art Gallery in the hall.

Enjoy the half term holiday.

Take care,
Mrs Adams

Upcoming Events:
16.2.2024- Half-term holiday
26.2.2024- Children return to school
6.3.2024- Multiplication Tables Check meeting- Year 4 parents
7.3.2024- World Book Day

Please keep up to date with your dinner money
£2.50 per day & £12.50 per week. VIA SCOPAY app.

Attendance Target = 96%+					
Attendance for w/e 02.02.24			Attendance for w/e 09.02.24		
	Classes who met target	Most improved attendance		Classes who met target	Most improved attendance
Y3	South America Europe Asia	Asia	Y3	South America	North America Africa
Y4	Van Gogh 100%	Van Gogh	Y4	Hepworth Van Gogh Hokusai	Hokusai
Y5	Neptune Saturn Jupiter Mars Venus	Saturn	Y5	Jupiter Saturn	No Class
Y6	No Class	Johnson	Y6	Johnson Hawking Curie Jemison	Johnson

FAMILY CENTRE NEWS

Dear Families,

As half term is now here, we hope you all have a safe and fun holiday. Please see below to see what happening in the Family Centre next half term:

Sewing - Mondays at 9:00am-12:00pm (7 weeks - £40)

Stay and Play - Tuesdays at 9:15am-10:30am

Be a Better Me - Mondays 1pm-3pm

Parent Coffee Morning - Wednesdays at 9:00am to 10:30am

Beginners English Class - Thursdays at 9:15am-11.00am, 10 weeks (£40)

Mehndi - Thursdays at 1:30-3:30pm (£25)

Community Cooking - Friday 9:00am-11:30am

Packed Lunches

Parents whose children have packed lunches, please remember that

This is to help keep your children healthy and also to make sure that we are keeping the children with allergies safe as well.



chocolates and biscuits are not to be given and also to include a piece of fruit or yoghurt.

Breakfast Club:

Just a reminder that if your child is attending breakfast club, then please make sure that they arrive between 8:00am-8:15am. This is to make sure that they have plenty of time to enjoy their breakfast before they start their busy day at school. Thank you for your cooperation in this matter.

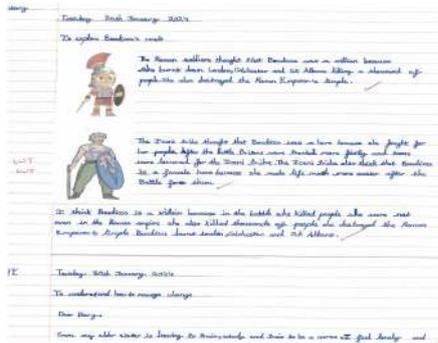
Please keep a look out for text messages and emails regarding new courses that might start during the half term.

HAPPY SAFE HOLIDAYS—See You on Monday 26th February

Take a look at this week's

Wow Work!

North America— Aaisha



Van Gogh Summyah



Mrs Zerva—Art

Lots of exciting learning has been happening this term in Art. In Year 3, they are currently creating pieces of Art work that are linked to Romans. In Year 4, classes have enjoyed a unit of work with Pop Art creations. In Year 5, they are exploring the repeated patterns and they have studied various artists of that style. In Year 6, they are looking at sketching techniques and they are recreating a famous sketch inspired by Van Gogh's artwork.

Year 3

It has been a fantastic week in Year 3. We have visited Verulamium to find out about life in the Roman times. The children were excited to see what was left of the city after it was destroyed by Boudicca and really enjoyed shopping for Roman items in full costume. In English, we have been learning how to write a fable. The children have planned their own fable about a character who learns not to be selfish. We are looking forward to reading these at the end of the week. In Maths, we have continued to explore measuring in different units and have thought about how to measure and calculate perimeter.

Miss Thingsaker and the Year 3 team

Year 4

Year 4 teachers are incredibly proud of the hard work and effort children have shown this half term. This week, children have begun a new fractions unit in maths and have persevered in learning about mixed numbers and representing them; we will continue this unit after the week break. In art, children have had the opportunity to practise and create their own Pop Art creations using the technique of repeated images. In English, we will be writing some dilemma stories. Thank you for your continued support in helping your child with their daily reading. There will be a TRS battle so ensure your children get points for their classes! Have a restful half-term holiday.

Mr Patel and the Year 4 team

Year 5

We all so incredibly proud of the work the children have produced over this half term. We have completed our fractions unit in maths and explored forces in science. In English we braved the wild to write amazing survival guides and travelled back in time to write gripping historical narratives. It was lovely to share the children's progress with you on parents' evening and we're sure the children will be eager to continue their hard work after the holidays. Year 5 would like to thank you for your continuous support and wish you a restful break.

Mrs Hussain and the Year 5 Team

Year 6

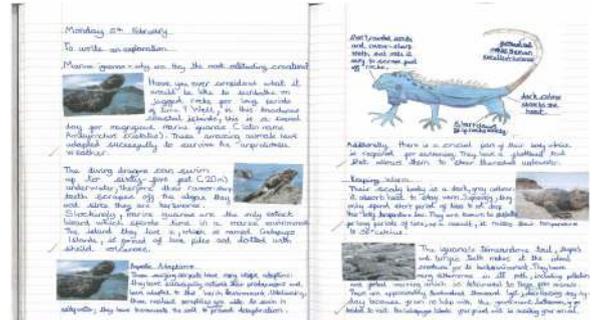
Year 6 teachers are incredibly proud of the hard work and perseverance children in Year 6 have shown. Last week, children completed practice tests in reading and maths, showcasing their ability and the progress they have made this year. Year 6 loved learning about Darwin's discovery of evolution. They used a range of tools to simulate different birds' beaks such as pegs and tweezers. In art, children are completing their final pieces, recreating famous sketches by van Gogh and Da Vinci. Teachers enjoyed meeting parents at open evening and sharing the children's beautiful work. Thank you for your continued support in helping your child with their daily reading. Have a restful half-term holiday.

Mr Gilligan and the Year 6 team.

Saturn— Zayyan



Johnson— Ehsan



As part of Safer Internet Day, we would like to remind parents that YouTube Shorts is not suitable for children as the age limit is 14 plus. The content for these videos are often unfiltered and can show inappropriate content. Please ensure your children only use YouTube Kids to access content as you can set parental controls and limits that show age appropriate content only.

What Parents & Carers Need to Know about PERSUASIVE DESIGN ONLINE

'Persuasive design' refers to the techniques that companies employ to influence our thoughts and behaviours when we're on the internet. These approaches can be spotted on websites, in apps and even as part of some video games. Persuasive design means that this content has been deliberately presented in a way that's intended to encourage you to spend your time or money (or both). These methods often prove highly effective at keeping people engaged and invested for longer than we might expect.

WHAT ARE THE RISKS?

POTENTIAL ADDICTION

In the digital world, persuasive design can make certain activities more addictive and harder to walk away from: some people may begin to feel anxious or irritated without access to their device or their favourite app, for example. It can also often leave users feeling isolated, as – if they spend most of their time on social media – they may start to find it difficult to talk to other people in real life.

MENTAL HEALTH CONCERNS

Scrolling online or gaming without regular breaks is proven to be harmful to our mental health. The constant bombardment of news stories (many of them negative), images and influencers' posts can create sensations of unease, uncertainty and FOMO (fear of missing out). Young people can get so immersed in this environment that they become less likely to spot misleading posts.

PROLONGED SCROLLING

Social media can draw any of us – regardless of age – into a continuous pattern of refreshing our screen, following posts and links down rabbit holes or reading countless comments made by others. This aimless scrolling can eat up time which could have been spent on more productive activities. It could also lead younger users into areas of the online world which aren't age appropriate.

SENSORY OVERLOAD

Repetitively scrolling, clicking on links or playing games can create an unending stream of new information and visual stimuli. Put it this way: social media isn't exactly renowned as a carefree, chilled-out environment. Such overstimulation can become too much for young people to handle, resulting in sensory overload and causing them to feel stressed, overwhelmed and exhausted.

COSTLY ADDITIONS

Video games sometimes display offers for downloadable content or loot boxes which can be bought with real money. While these 'microtransactions' temptingly promise to improve a player's gaming experience, most of the time they are money sinks. Young people in particular, excited by the chance of enhancing their game, could spend quite a sizeable sum very quickly indeed.

PHYSICAL CONSEQUENCES

Hours spent sitting and scrolling means far less time moving around and getting exercise: hardly ideal for a young person's physical health. Additionally, prolonged exposure to the light given off by a phone's screen can lead to eye fatigue and discomfort, especially if viewing it in the dark. Extended phone use before bed can also impact on sleep quality, affecting mood and energy levels over the following days.

KEEP SCROLLING

WIN TO WIN

27 new posts

Advice for Parents & Carers

ESTABLISH LIMITS

Talk to your child about setting some time limits on how long they can use their phone, tablet or console in the evenings or at weekends – or perhaps how often they can go on a specific app, game or website. You could also decide to involve the whole family in creating this shared screen time agreement, making things fair (and healthier) for everyone.



ENCOURAGE MINDFULNESS

Acknowledging any addiction is key in overcoming it – and compulsive scrolling is no different. If anything mentioned in this guide sounds familiar, it could help to have an honest, open chat with your child about how much time they spend online. Get them to think about how often they scroll through social media aimlessly or habitually open it up whenever they have a spare moment.

NIX NOTIFICATIONS

Stop knee-jerk responses at the source by turning off push notifications and alerts. Whether it's a gaming notification or a social media update, these not-so-gentle reminders are designed to catch our attention and lure us back to our device. Switching them off – or even deleting any particularly intrusive apps – can help prevent your child from being reeled back into the online world.



MAKE A CHECKLIST

Considering a list of relevant questions can be an effective way of helping children figure out why they're scrolling on certain sites or consuming particular pieces of content. A checklist can prompt young people to ask themselves if they're learning anything or benefiting from this activity – or if they're wasting their time. Taking a step back can sometimes help us to see things more clearly.



Meet Our Expert

Rebecca Jennings has more than 20 years' experience in the field of relationships, sex and health education (RSHE). As well as delivering workshops and training for young people, parents and schools, she is also a subject matter expert on RSHE for the Department of Education.



English



World Book Day Poster Competition Winners

A huge well done to all our children for creating such amazing posters to advertise the forthcoming World Book Day.

Congratulations to the following winners: -

Africa- Haleema

Asia- Maydul

Europe- Rayan

North America - Agamjot

South America - Myiesha

Baker- Haleemasadia

Hadid- Arissa

Hepworth- Zain

Hokusai-Amna

Van Gogh - Arkan

Jupiter- Al

Mars- Sarah-Marie

Neptune- Araf

Saturn- Zainab

Venus- Maryam

Curie- Amina

Goodall- Haider

Hawking- Aabidah

Jemison- Tazmeen

Johnson- Ehsan