Week One Menu

Served weeks commencing: 2nd November, 23rd November, 14th December, 4th January, 25th January

Grow
FUEL FOR YOUNG MINDS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Crunchy Vegetable Fingers with Potato Wedges	Beef Bolognese with Pasta	Roast Chicken with Roast Potatoes and Gravy	Chicken Sausage with Diced Potato and Baked Beans	Fish fingers with Chips
VEGETARIAN	Pea and Mince Keema with Rice	Tex Mex Vegetable Enchilada	Vegetarian Sausage filled Yorkshire Pudding with Roast Potatoes and Gravy	Quorn Sausage with Diced Potato and Baked Beans	Cheese and Tomato Pizza with Chips
SELECTION OF VEGETABLES	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans or Peas
DESSERTS	Chocolate Cookie	Banana Cake with Custard	Jelly with Mandarins	Pear and Chocolate Cake	Fruity Friday

AVAILABLE DAILY:

Choice of Freshly Baked Wholemeal Bread, Seasonal Salad Bar, Flavoured Water, Seasonal Fresh Fruit, and Fruit Jelly.

Week Two Menu

Served weeks commencing: 9th November, 30th November, 21st December, 11th January, 1st February

Grow
FUEL FOR YOUNG MINDS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Sausage Roll with Potato Wedges	Chicken Fajita With Rice	Roast Chicken with Roast Potatoes and Gravy	Chicken Pasta Carbonara with Baguette Slice	Fish Fillet with Chips
VEGETARIAN	Macaroni Cheese	Vegetarian Hotdog	Sweet Potato & Lentil Wellington with Roast Potatoes and Gravy	Vegetarian Pasta Bolognese	Cheese and Tomato Pizza with Chips
SELECTION OF VEGETABLES	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans or Peas
DESSERTS	Lemon Cake	Chocolate Shortbread	Cheese and Crackers	Apple Crumble with Custard	Fruity Friday

AVAILABLE DAILY:

Choice of Freshly Baked Wholemeal Bread, Seasonal Salad Bar, Flavoured Water, Seasonal Fresh Fruit, and Fruit Jelly.

Week Three Menu

Served weeks commencing: 16th November, 7th December, 28th December, 18th January, 8th February

Grow
FUEL FOR YOUNG MINDS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cheese & Tomato Pinwheel with Potato Wedges	Beef Burger in a Bun with Wedges	Roast Chicken with Roast Potatoes and Gravy	Chicken Curry with Rice	Fish Fillet with Chips
VEGETARIAN	Chinese Style Egg Rice	Quorn Burger in a Bun with Wedges	Vegetarian Mince and Onion Pie with Roast Potatoes and Gravy	Chickpea Curry with Rice	Cheese and Tomato Pizza with Chips
SELECTION OF VEGETABLES	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans or Peas
DESSERTS	Shortbread	Chocolate Brownie	Pineapple Cake	Apple Cake with Custard	Fruity Friday

AVAILABLE DAILY:

Choice of Freshly Baked Wholemeal Bread, Seasonal Salad Bar, Flavoured Water, Seasonal Fresh Fruit, and Fruit Jelly.